WESTERN KARATE

WADO-RYU KAI

Full Members of the British Karate Association

Club Rules

It is the intention of the instructors of Western Karate to teach and promote the art of Karate Do in the traditional manner. This system is Wado-Ryu.

No students will be permitted to take part in any training activities until they are registered. This is for insurance reasons.

Please understand that practicing a Martial Art involves the risk of injury, all precautions are taken to minimise this risk.

The progress, attendance and behaviour of all students are monitored. A register of attendance is kept at each training session.
If the behaviour of any student becomes such, that it interferes with the running of the class, the student concerned will be asked to sit out. If the student is under 16 yrs of age, the situation will then be discussed with the parents/guardians. If the problem persists, the student will be asked to leave.
If at any time during the periods of training, it is felt, that a student is having difficulties in learning this art, at a cost to the parents/guardians or the student, this also will be discussed with the parents/guardians or the student concerned.
Western Karate Chief Sensei V H Keens and Western Karate General secretary & Club Sensei T A Goldsmith-Ryan, reserves the right to refuse any student from training with the group if they feel that it would not be in the students best interest to do so, taking into consideration Medical or Physical conditions.

ILLNESS AND ACCIDENTS

If you become ill, please let me know, as I do like to know why you have not been attending.
If you have a serious accident, and will not be training for some time, again, let me know.
On your return to training you will need to take a *Return to Training Fitness Form* to your doctor, for their authorising signature, for you to continue.

Punctuality and Hygiene

All students are expected to arrive at training at least 15 minutes before the class starts, this gives time for changing into Gi's.
Students must be clean and presentable with fingernails and toenails kept clean and as short as possible.

Western Karate Club Sensei & General Secretary, Sensei T.A.Goldsmith-Ryan 4th Dan.
Tel: 07979 277110 | 01237 471646
Email: sensei_goldsmith-ryan@westernkaratewado-ryukai.co.uk

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Punctuality and Hygiene cont'

Gi's must be clean and ironed before each session or kept folded so as not to crease.
All body pierced jewellery, rings, watches etc, must be removed before training for your own safety and others.

Beginners

All new students will be given a reasonable amount of time before purchasing a Gi, Badges etc. Gi's must be kept clean and ironed at all time in the Dojo. It is advisable that a holdall is used for keeping your training equipment in. Never leave any personal belongings in the changing areas.

Training Manual and Syllabus

It is not necessary to purchase one of these until after you have achieved your first grade.

Parents/Guardians

Please accompany your children to and from the training sessions. It is the responsibility of parents/guardians to ensure the payment is made for training.
You are welcome to visit the Dojo as much as possible and watch a training session anytime, but please enter the Dojo quietly when training is in progress.

Problems

If you have any, please come and talk to me, I am always willing to listen and advise if possible.

Absence

Any absence for a period longer than 6 months will result in the student losing any qualification and resetting back to white belt (10^{th} Kyu). This decision will be based on how much information has been retained by the student.

Uniforms Gi's

If a T-shirt is necessary under the Gi top then please ensure that it is white in colour. If any other colour is worn then you will be asked to remove it.

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